

SET PACKS

sunshine

€11.65



2 PIECES EACH OF
Salmon Nigiri,
Salmon Sashimi

6 PIECES OF
Philly Roll

10
PIECES

zen fit

€11.25



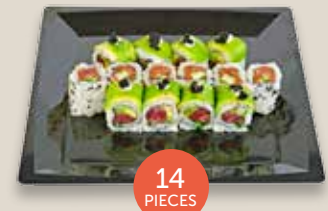
6 PIECES EACH OF
Midori Roll, Yen Roll

12
PIECES

242.07 Kcal/12pcs

i love tuna

€13.00



6 PIECES OF
Dynamite Roll

8 PIECES OF
Shogun Roll

14
PIECES

salmon passion

€12.75



6 PIECES OF
Calypso Roll

8 PIECES OF
Rising Sun Roll

14
PIECES

variety

€18.35



2 PIECES EACH OF
Salmon Nigiri,
Salmon Sashimi,
Tuna Nigiri,
Tuna Sashimi

6 PIECES OF
Crispy Roll

14
PIECES

maki feast

€13.00



6 PIECES OF
Sake Maki,
Surimi Maki,
Tekka Maki

18
PIECES

SET PACKS

*the grab
and go*

€17.75



6 PIECES EACH OF
Crispy Roll,
Tokyo Roll,
Niku Roll

18
PIECES

*my
lunch
break*

€20.75



6 PIECES EACH OF
Crispy Roll,
Rocket 'n Roll

8 PIECES OF
Rising Sun Roll

20
PIECES

*zen
sushi-to-go
temptation
box*

€47.85

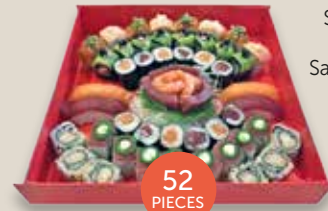


2 PIECES EACH OF
Salmon Nigiri, Tuna Nigiri
6 PIECES EACH OF
Niku Roll, Koi Roll,
Waka Roll
8 PIECES EACH OF
Alaska Roll,
Piri-Piri Roll,
Hotto Roll

46
PIECES

*the
red box*

€59.35

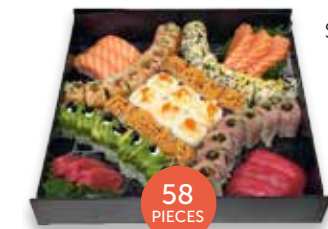


2 PIECES EACH OF
Salmon Nigiri, Tuna Nigiri
3 PIECES EACH OF
Salmon Sashimi, Tuna Sashimi
6 PIECES EACH OF
Crispy Roll, Sake Maki,
Tekka Maki
8 PIECES EACH OF
Hotto Roll, Kuro Roll,
Salmon Surprise

52
PIECES

*the
black box*

€59.75

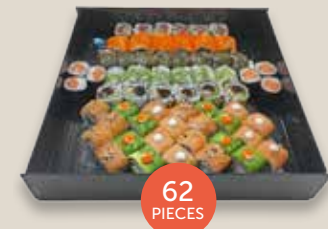


3 PIECES EACH OF
Salmon Nigiri, Tuna Nigiri,
Salmon Sashimi,
Tuna Sashimi
6 PIECES OF
Kanon Roll
8 PIECES EACH OF
Rising Sun Roll,
Umai Roll, Shogun Roll,
Yume Roll, Kamo Roll

58
PIECES

*sky
deluxe*

€61.60



6 PIECES EACH OF
Dynamite Roll,
Last Emperor Roll,
Sake Maki, Waka Roll,
Crunch Munch Roll
8 PIECES EACH OF
Alaska Roll, Mika Roll,
Caterpillar Roll, Nijo Roll

62
PIECES

SALADS



beef

Mixture of Lettuce Leaves,
Cucumber, Cherry Tomatoes,
Red Peppers, Cashew Nuts,
Beef Fillet, Teriyaki Sauce

€12.00

chicken

Mixture of Lettuce Leaves,
Cucumber, Cherry Tomatoes,
Red Peppers, Cashew Nuts,
Chicken Thigh, Goma Dressing
(Sesame Seed based Dressing)

€8.75



salmon

Mixture of Lettuce Leaves,
Cucumber, Salmon, Avocado,
Red Peppers, Green and Orange
Masago, Unagi Sauce

€11.50



spicy tuna

Mixture of Lettuce Leaves,
Tuna, Cucumber, Red Peppers,
Sriracha Sauce, Mayonnaise,
Sesame Seeds, Spring Onions

€10.50



wakame

Lettuce, Sesame Seeds,
Wakame, Cherry Tomatoes

€6.00

NIGIRI · SASHIMI

* UPON AVAILABILITY

SALMON NIGIRI
TUNA* NIGIRI
PRAWN NIGIRI
EEL NIGIRI

€1.30 / pc
€1.50 / pc
€1.40 / pc
€2.45 / pc

SQUID NIGIRI
SALMON SASHIMI
TUNA* SASHIMI

€1.00 / pc
€1.40 / pc
€1.60 / pc



ZENSUSHI
to go



ALL PRICES INCLUDE VAT

PHONE

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www.themarinarestaurants.com

SKYPARKS · PAMA · PAVI

SUSHI ROLLS

ASK FOR OUR MONTHLY SPECIALS!

1PIECE

TEMAKI

€4.75	<i>chicken</i>	
Chicken, Tempura Crumbs, Asparagus, Red and Yellow Peppers, Avocado, Lettuce, Spicy Mayonnaise		
	<i>prawn</i>	€5.40
Tempura Prawn, Masago, Spicy Mayonnaise		
€5.50	<i>salmon</i>	
Salmon Tartare, Spicy Mayonnaise, Avocado, Spring Onions, Sesame Seeds		
	<i>tuna</i>	€5.30
Tuna, Asparagus, Spicy Mayonnaise, Goma Wakame, Shiso Leaf		
€4.30	<i>veggie</i>	
Goma Wakame, Avocado, Asparagus, Red Peppers, Lettuce, Sesame Seeds Dressing: Mayonnaise, Ketchup, Capers, Red Peppers		

6PIECE

HOSOMAKI

€4.25	<i>avokado maki</i>	
Avocado, Sesame Seeds		
	<i>kappa maki</i>	€3.90
Cucumber, Philadelphia		
€6.25	<i>nara roll</i>	
Salmon, Cucumber, Philadelphia		
	<i>sake maki</i>	€4.50
Salmon		
€3.50	<i>surimi maki</i>	
Crab		
	<i>tekka maki</i>	€4.75
Tuna		

6PIECE

FUTOMAKI

	<i>calypso</i>	€6.00
Salmon, Avocado, Tempura Crumbs, Spicy Mayonnaise, Lettuce		
€9.00	<i>hashi</i>	
Salmon, Tuna, Avocado, Cucumber, Lettuce, Boiled Prawn		
	<i>philly</i>	€6.25
Salmon, Philadelphia, Avocado, Cucumber, Lettuce		
€6.25	<i>sumo</i>	
Tempura Prawn, Cucumber, Avocado, Spicy Mayonnaise, Tempura Crumbs		
	<i>yen</i>	€6.25
Salmon, Carrot, Coloured Peppers, Goma Wakame, Iceberg Lettuce, Cucumber, Avocado with a Vinegar, Mirin and Lemon Dressing		

6PIECE

URAMAKI

	<i>crispy</i>	€6.75
Spicy Mayonnaise, Tempura Prawns, Tempura Crumbs, Sesame Seeds		
€5.25	<i>crunch munch</i>	
Chicken, Lettuce, Sesame Seeds, Unagi Sauce, Tempura Crumbs		
	<i>dynamite</i>	€6.00
Tuna Tartare, Sriracha Sauce, Sambal Oelek, Cucumber, Spring Onions, Sesame Seeds		
€6.85	<i>kanon</i>	
Rice Paper, Tempura Prawn, Tempura Crumbs, Sweet Mayonnaise, topped with Mayonnaise, Tempura Crumbs, Masago		
	<i>koi</i>	€7.00
Tempura Prawn, Masago, topped with Spicy Mayonnaise, Eel Sauce		
€7.00	<i>kymono</i>	
Crab Stick, Avocado, Mayonnaise, Masago		
	<i>last emperor</i>	€8.00
Salmon, Avocado, Philadelphia, Masago		

€5.00

 midori

Avocado, Chives, Goma Wakame, Cucumber and Rice Paper

175.80 Kcal/6pc

	<i>niku</i>	€6.00
Chicken, Avocado, Asparagus, Spicy Mayonnaise, Masago, Tempura Crumbs		
€6.75	<i>nobu</i>	
Crab Stick, Avocado, Rice Paper, Cucumber, Lettuce, Tempura Crumbs, Sesame Seeds, topped with Spicy Mayonnaise, Masago		
	<i>rocket 'n roll</i>	€7.25
Tuna, Avocado, Rucola, Soy Paper, Sesame Seeds		
€5.00	<i>tokyo</i>	
Pork, Sesame Seeds, Parsley, Tempura Crumbs, Tonkatsu Sauce		
	<i>waka</i>	€6.75
Salmon Tartare, Spicy Mayonnaise, Philadelphia, Avocado, Spring Onions, Wasabi Sesame Seeds		
€5.50	<i>yuki</i>	
Avocado, Red Peppers, Yellow Peppers, Cucumber, Fried Tofu, Wasabi and White Sesame Seeds		
8PIECE		
URAMAKI		
€6.50	<i>alaska</i>	
Crab Stick, Cucumber, Tempura Crumbs, Sesame Seeds, Spicy Mayonnaise, topped with Salmon and Sesame Seeds		
	<i>california rainbow</i>	€7.25
Crab, Avocado, Tuna, Salmon, Squid, Mayonnaise		
€8.75	<i>caterpillar</i>	
Avocado, Masago, Tempura Prawn, Spicy Mayonnaise		
	<i>hotto</i>	€9.50
Prawn Tempura, topped with Tuna, Jalapeno Mayonnaise and a piece of Jalapeno		
€6.00	<i>kamo</i>	
Duck, Cucumber, Tempura Crumbs, Soy Paper, Hoi Sin Sauce, topped with Duck, Hoi Sin Sauce and Spring Onions		
	<i>kimon</i>	€8.50
Salmon Tartare, Kimchi Sauce, Avocado, Mayonnaise, topped with seared Salmon, Mayonnaise and Aonori Goma Furikake		

€8.75

kuro

Salmon, Cucumber, Mayonnaise, Black Rice, topped with Avocado, Black Masago, and Beetroot Mayonnaise

	<i>mika</i>	€8.85
Tempura Prawn, Tempura Crumbs, Sweet Mayonnaise, Unagi Sauce, topped with Smoked Salmon, Sweet Mayonnaise		
€10.00	<i>naha</i>	
Eel, Carrots, Cucumber, Tempura Crumbs and Eel Sauce, topped with Avocado, Tuna and Salmon Tartare		
	<i>nijo</i>	€7.00
Tuna, Rocket, Red Peppers, coated in Black Sesame Crackers		
€6.25	<i>nishiki</i>	
Salmon, Onions, Cucumber, topped with Tuna, Lemon Chili Miso and Lemon Zest		
	<i>piri-piri</i>	€6.50
Tuna Tartare, Spring Onions, Soy Paper, Salt and Peppers, Sweet Chili Sauce, Snow Peas, Carrots, topped with Tuna and Spicy Mayonnaise		
€6.75	<i>rising sun</i>	
Salmon, Avocado, topped with Salmon, Crispy Chili Rice and Sesame Seeds		
	<i>shoga</i>	€7.75
Prawn Tempura, Rocket, Asparagus, topped with Ginger Marinated Salmon, Wasabi Mayonnaise and Crispy Onions		
€7.00	<i>shogun</i>	
Tuna, Avocado, Cucumber, Wasabi Mayonnaise, topped with Avocado, Wasabi Mayonnaise and Black Masago		
	<i>umai</i>	€8.50
Tuna, Avocado, Masago, Soy Paper, Spicy Mayonnaise, topped with Seared Marinated Salmon, Teriyaki Sauce, Spring Onions, Tempura Crumbs		
€7.25	<i>yume</i>	
Tempura Prawn, Avocado, Soy Paper, Wasabi Mayonnaise, Tempura Crumbs, Sesame Seeds, topped with Wasabi Mayonnaise and Aonori Goma Furikake		
8PIECE		
SALMON SURPRISE		
4PIECES		4PIECES
Prawn Tempura, Cucumber, topped with Salmon Tartare, Kimchee Sauce, Sesame Seeds and Spring Onions		
		
Salmon, Avocado, Spicy Mayonnaise, topped with Marinated Salmon and Tempura		
NEW		
COOKED		
VEGETARIAN		
SPICY		
WE CANNOT GUARANTEE THE TOTAL ABSENCE OF GLUTEN. ALL ROLLS ARE PRODUCED IN AN ENVIRONMENT WHERE THERE COULD BE TRACES OF PRAWN, MAYONNAISE AND NUTS.		